



**ALBERTA
GAMES**

Athletics Schedule

Strathcona Athletic Park



DRAFT September 2025

DAY	TIME	EVENT	AGES	
FRIDAY, July 17	11:00 AM	100m (Pent)	U16 Boys (Pent)	
	11:15 AM	High Jump	U16 Girls	
	11:15 AM	Shot Put	U16 Boys	
	11:15 AM	Discus Throw	U16 Girls	
	11:15 AM	100m Heat	U16 Girls	
	11:30 AM	100m Heat	U16 Boys	
	11:35 AM	Long Jump (Pent)	U16 Boys (Pent)	
	11:50 AM	1200m	U16 Girls	
	12:00 PM	1200m	U16 Boys	
	12:25 PM	100m Finals	U16 Girls	
	12:35 PM	100m Finals	U16 Boys	
	1:00 PM	Triple Jump	U16 Boys	
	1:00 PM	High Jump	U16 Boys	
	1:00 PM	100m Hurdles	U16 Boys	
	1:15 PM	80m Hurdles	U16 Girls	
	1:15 PM	Shot Put (Pent)	U16 Boys (Pent)	
	1:30 PM	Medal Presentations # 1		
	2:30 PM	80m Hurdles Final	U16 Girls	
	2:30 PM	High Jump (Pent)	U16 Boys (Pent)	
	2:40 PM	100m Hurdles Final	U16 Boys	
	2:45 PM	Discus Throw	U16 Boys	
	3:00 PM	Para 100m Timed Final	All Para Boys	
	3:00 PM	Triple Jump	U16 Girls	
	3:00 PM	Shot Put	U16 Girls	
	3:15 PM	300m Timed Final	U16 Girls	
	3:30 PM	300m Timed Final	U16 Boys	
	3:50 PM	1000m (Pent)	U16 Boys (Pent)	
	4:00 PM	Medal Presentations # 2		
	DAY	TIME	EVENT	AGES
	SATURDAY, July 18	11:00 AM	100m (Pent)	U16 Girls (Pent)
		11:15 AM	Long Jump	U16 Boys
		11:15 AM	Hammer Throw	U16 Girls
11:15 AM		Javelin Thorw	U16 Boys	
11:20 AM		200m Hurdles Finals	U16 Girls	
11:30 AM		200m Hurdles Finals	U16 Boys	
11:35 AM		High Jump (Pent)	U16 Girls (Pent)	
11:50 AM		800m Finals	U16 Girls	
12:00 PM		800m Finals	U16 Boys	

	12:30 PM	Medal Presentations #3	
	1:00 PM	Long Jump	U16 Girls
	1:00 PM	Hammer Throw	U16 Boys
	1:15 PM	Shot Put (Pent)	U16 Girls (Pent)
	1:30 PM	200m Heats	U16 Girls
	1:45 PM	200m Heats	U16 Boys
	2:00 PM	Para 200m Timed Final	All Para Ages and Sex
	2:30 PM	Javelin Throw	U16 Girls
	2:45 PM	Long Jump (Pent)	U16 Girls (Pent)
	3:15 PM	200m Finals	U16 Girls
	3:25 PM	200m Finals	U16 Boys
	3:50 PM	800m (Pent)	U16 Girls (Pent)
	4:00 PM	Medal Presentations #4	
	DAY	TIME	EVENT
SUNDAY, July 19	10:00 AM	4x100m Relay	U16 Girls
	11:15 AM	4x100m Relay	U16 Boys
	10:30 AM	2000m Finals	U16 Girls
	10:45 AM	2000m Finals	U16 Boys
	11:00 AM	Medley Relays	U16 Girls
	11:10 AM	Medley Relays	U16 Boys
	11:20 AM	Medal Presentations #5	

Last Updated: Aug 29, 2025

