
AGE GROUP

12-15 (Born between July 18, 2010 – July 16, 2014)

ZONE TEAM COMPOSITION

The maximum team size shall be:

4 Athletes per Zone (# of females 2 # of males 2)

2 coaches or chaperones* (# of females 1 # of males 1)

*Minimum of 1 coach/zone



FILL POLICY

If a Zone does not have enough athletes for each sex category, then fills from another zone will be the first consideration. Achieving a sex balance of two (2) males and two (2) females is the goal.

In the event a Zone does not have athletes to fill the roster to achieve the sex balance, athletes from another Zone may “fill” the vacancies in the roster. Fill athletes will be selected in order by the Provincial Sport Coordinator using the province-wide, Zone Trials Provincial ranking system to select the next best athletes.

In the event a sex balance isn’t possible, then the priority will first be an athlete from the zone, and second priority from the Zone Trials Provincial Ranking

Fill athletes will compete for the Zone that they are filling.

*Fills must be submitted for approval to the Multisport Games Unit by **June 16, 2026.***

ELIGIBILITY

For Alberta Games Eligibility information please visit <https://albertasummergames.ca/sport-information/>.

Athletes

- Eligible participants are anyone between the ages of 12 and 15 who qualifies at Zone trials.
- An athlete may represent and compete for either the Zone in which they reside, or for the Zone of their affiliated club membership upon the approval of the Alberta Whitewater Association.
- Eligible athletes from just outside the provincial boundary, who are members of the AWA may be able to compete in the nearest Alberta Games Zone playoffs if they have no provincial events in their province/territory.
- Canadian National Team athletes that have competed in an International event representing Canada in Slalom are ineligible to participate in the Alberta Summer Games.

Coaches/Chaperones

All coaches and chaperones must be at least eighteen (18) years old by the start of the Alberta Games.

- **NCCP Certification**- A minimum of one (1) staff member per Zone registered as coaches must be certified under the National Coaching Certification Program (NCCP) to at least **Canoe/Kayak Comp Intro Coach**. **Additional coaches must be fully trained at the Comp Intro Coach level.**

- **Safe Sport** – SafeSport Requirements for all coaches and chaperones by the registration deadline:
 - Must have a clear criminal records and vulnerable sector check from within the last three (3) years, or less if required by your Organization’s policies.
 - Must have completed either the CAC Safe Sport Training or the Respect In Sport for Activity Leaders.

Note: Where a coach or chaperone has been substituted after the registration deadline leading into the Games, they must have the above completed and verified with Mission Staff no later than 48 hours prior to the start of the Alberta Games

AFFILIATION

All athletes, coaches, and chaperones participating in the Alberta Summer Games must be members of the Alberta Whitewater Association (AWA) prior to participation in Zone trials. Membership includes liability insurance and access to athlete support. Deadlines for membership within the AWA will be prior to the commencement of participation in an AWA event such as Zone trials.

For membership information, contact the Alberta Whitewater Association at admin@albertawhitewater.ca, or check out www.albertawhitewater.ca

ENTRY AND ZONE PLAYOFF PROCEDURES

Zone trials will be held using a standardized provincial time trial format combining skill sets of slalom boat maneuvers in local 25 meter - 6 lane pools or flatwater ponds. Zone trials will begin in January 2026 and athletes can repeat the time trial skill set multiple times until the registration deadline. Athlete times will be posted on the AWA website for athletes and coaches to compare results and provide an opportunity to improve their standing.

Each Zone has the discretion on the age composition of their team. Athletes can participate in either K-1 or C-1 boats and will be evaluated against all other Zone athletes based upon time and penalties to pick a balanced team of Pre-Cadets, Cadets and Juniors, Males and Females.

All Zone trials will be completed by **June 10, 2026**.

Consult the Provincial Sport Coordinator to determine the date and location of Zone playoffs.

To determine the date and location of the Zone playoffs/selection please visit <https://www.albertawhitewater.ca/alberta-summer-games> or www.albertasummernames.ca
For technical or financial assistance to organize and run a time trial event in your community, go to: <https://www.albertawhitewater.ca/alberta-summer-games>

PROVINCIAL GAMES REGISTRATION FEE AND DEADLINE

All Zone team athletes, who qualify to compete at the 2026 Alberta Summer Games (excluding coaches and chaperones), are required to pay an individual registration fee of \$80.00. This fee will offset the costs related to transportation, accommodation, meals, Zone identification, medals, athlete

entertainment and sport competitions. [This fee\(s\) will be collected through the Alberta Games registration database.](#)

All Zone team athletes are required to pay an individual registration fee of \$60 fee to the Alberta Whitewater Association related to costs of coaching, and facilities.

Please note the registration deadline for Canoe Kayak is **June 13, 2026**.

EVENTS

Friday - Kayak Cross

Kayak Cross shall be governed by the rules of the International Canoe Federation (ICF) Kayak Cross with the exceptions of rules pertaining to age.

A qualification run results will be used to seed for Kayak Cross.

Kayak Cross: Head-to-Head, 2-4 people per heat depending on brackets (60sec course 250-400m on Flatwater or Grade I II River)	Age <u>12-15</u>
Individual Categories	Girls K-1W
	Boys K-1M

Saturday - Slalom

Slalom: (15-18 gates on Flat- water or Grade I to II river)	Age <u>12-15</u>
Individual Categories	Girls K-1W
	Boys K-1M
	Girls C-1W
	Boys C-1M
Team Category **	Team Relay

Slalom shall be governed by the rules of the International Canoe Federation (ICF) with the exceptions of rules pertaining to age and boat dimensions for Cadets and Pre-Cadets. The best of two (2) runs will be used.

Athletes may compete in all Slalom event classes in which they are eligible.

Sunday - Team Relay

- Each participant will do a ½ course (~60sec, out and back or loop as determined by the location), in a relay fashion.
- Each person is eligible to compete in one team relay.
- For the four (4) boat relay race, the zone team should be made up of two male (1K1M, 1C1M), two female (1K1W, 1C1W).

PROTEST PROCEDURES

After the posting of results, Zone coaches will have thirty (30) minutes to lodge an inquiry into times and penalties with the chief judge. The chief judge will decide whether there is enough information for the athlete to win a protest or leave the time standing.

EQUIPMENT SPECIFICATIONS

- All athletes shall wear approved helmets and PFD's when on the water.
- Kayak Cross athletes should use an ICF regulation creek/river running plastic kayak under 9ft.
- Slalom athletes shall use ICF regulation 3.5 m minimum composite boat (14+), approved plastic slalom boat. U14 can use non-ICF boats that have minimum safety components (grab loops).

PROVINCIAL SPORT COORDINATOR

Mike Holroyd
 Alberta Whitewater Association
 85 Valley Meadow CI NW Calgary, AB T4B 5M1
 Telephone: (403) 479-8017
 Email: admin@albertawhitewater.ca
 Website: www.albertawhitewater.ca

ZONE SPORT REPRESENTATIVE

Each of the eight (8) Zones has a designated Alberta Whitewater Association - Zone representative shown below.

ZONE	NAME	CONTACT
ZONE 1		Phone: Email:
ZONE 2	Robbie Mcavoy	Phone: 587-585-8711 Email: robbiemcavoy@gmail.com
ZONE 3	Mark Taylor	Phone: 403-542-3111 Email: mark@rockymountainpaddling.com
ZONE 4		Phone: Email:
ZONE 5		Phone: Email:
ZONE 6	Chris Goss	Phone: 780-466-1707 Email: wateradvent@yahoo.ca
ZONE 7		Phone: Email:
ZONE 8		Phone: Email: